



# DaVinci Academy

## March 2012

### LUNCH

Prices: Student / Adult - \$3.50

SERVED DAILY AT EVERY HOT MEAL (PLANNED PORTION SIZE & APPROXIMATE NUTRIENT CONTENT)

Fresh Green **Salad** (1 per meal) - Lettuce Blend, Caesar, Spinach Mix, Oriental **OR** Greek (1/2 cup = 15 calories, 3 g carb, 1 g pro)  
 Low Fat Dressing/Dip (2 tbsp = 45 cal, 5 g fat)  
 Fresh **Veggies** (1 per meal) - Carrots, Celery, Broccoli, Cauliflower, Cucumber, **OR** Tomatoes (1/4 c = 15 cal, 3 g carb, 1 g pro)  
 Fresh **Fruit** (1 per meal) - Apple, Orange, Banana, Cantaloupe, Grapes, **OR** Watermelon (1/2 c = 60 cal, 15 g carb)  
**Variety of Milk**, including Skim (1/2 pint = 90 cal, 12 g carb, 8 g pro, >1 g fat)

Monday	Tuesday	Wednesday	Thursday	Friday
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**Done Right Food**  
 School & Event Catering Services

**"Healthy Food, Healthy Message"**  
 We provide wholesome, delicious, real food that helps teach the right message to children.

1st	2nd
Turkey Tetrazini Wheat Dinner Roll Salad, Veggies, Fruit, Milk V - Veg Tetrazini	Grilled Cheese Sandwich Tomato Soup Salad, Veggies, Fruit, Milk V - Same

5th	6th	7th	8th	9th
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Soft Shell Chicken Taco  
Fruit Churro  
Salad, Veggies, Fruit, Milk  
V - Bean & Rice Taco

Spaghetti w/ Meatsauce  
French Bread  
Salad, Veggies, Fruit, Milk  
V - W/ Marinara Sauce

Multi-Cheese Pita Melt  
Rice Krispie Bar  
Salad, Veggies, Fruit, Milk  
V - Same

Swedish Meatballs  
Mashed Potatoes & Roll  
Salad, Veggies, Fruit, Milk  
V - Vegetarian Chili

**No School**

12th	13th	14th	15th	16th
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**No School**

Southwest Mac & Cheese  
Soft Breadstick  
Salad, Veggies, Fruit, Milk  
V - Mac & Cheese

Bean & Cheese  
Enchilada Bake  
Corn Muffin  
Salad, Veggies, Fruit, Milk  
V - Same

BBQ Beef Sandwich  
Potato Wedges  
Salad, Veggies, Fruit, Milk  
V - Egg Salad Sandwich

Italian Penne Pasta  
Deli Coleslaw & Roll  
Salad, Veggies, Fruit, Milk  
V - Same

19th	20th	21st	22nd	23rd
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Turkey & Cheese Melt  
Baked Beans  
Salad, Veggies, Fruit, Milk  
V - Grilled Cheese

Soft Shell Beef Taco  
Cilantro Lime Rice  
Salad, Veggies, Fruit, Milk  
V - Bean & Cheese Taco

Turkey Ala King  
Southern Biscuit  
Salad, Veggies, Fruit, Milk  
V - Vegetarian Ala King

White Chicken Chili  
Garlic Breadstick  
Salad, Veggies, Fruit, Milk  
V - Vegetarian Stew

Cheese Lasagna  
French Bread  
Salad, Veggies, Fruit, Milk  
V - Same

26th	27th	28th	29th	30th
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Turkey Salad Ciabatta  
Baked Chips  
Salad, Veggies, Fruit, Milk  
V - Mock Tuna Ciabatta

Chicken Alfredo  
Wheat Dinner Roll  
Salad, Veggies, Fruit, Milk  
V - Cheese Alfredo

Meatball Hoagie  
Potato Wedges  
Salad, Veggies, Fruit, Milk  
V - Egg & Cheese Bagel

Chicken Stir Fry  
Steamed Rice  
Salad, Veggies, Fruit, Milk  
V - Vegetarian Stir Fry

**Mansetti's Pizza Day**

V = Vegetarian options available each day

**MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS**  
 Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

**ANY QUESTIONS? CONTACT:**  
 School Office @ 763-754-6577 OR  
 DONE RIGHT FOOD @ or www.donerightfood.com

**AFTERSCHOOL SNACK**  
 Prices: \$.60

Student Name (s): \_\_\_\_\_

Grades (s): \_\_\_\_\_

Return order form by  
February 28th for March Menus

On Each Day:  
 Hot Lunch - Mark "X"  
 Hot Lunch Vegetarian - Mark "V"  
 Milk Only - Mark "M"

No. Hot Lunch \_\_\_\_\_

No. Veg Lunch \_\_\_\_\_

Lunch Cost x \_\_\_\_\_ \$3.50

Total Lunch Cost = \_\_\_\_\_

No. of Milk \_\_\_\_\_

Milk Cost x \_\_\_\_\_ \$.50

Total Milk Cost = \_\_\_\_\_

Total Amount Due = \_\_\_\_\_

Extra Amount for Snack = \_\_\_\_\_

Total Amount Enclosed = \_\_\_\_\_

I would like amount enclosed split into  
siblings accounts by: \_\_\_\_\_

Make Checks Payable to:  
**DaVinci Academy**